

2 one hour massage therapy
2 facials with hot stones
2 pedicures
2 manicures
light lunch

one hour massage
facial
aroma body peel treatment
with Vichy shower
foot treatment

one hour
sports massage
facial
pedicure

one hour massage
facial
pedicure

facial
pedicure
manicure

DUO ESCAPE

WINDS RETREAT

GENTLEMAN'S REFRESHER

PRE-NATAL BLISS

MY REWARD PACKAGE

HOURS OF OPERATION

Monday
9am to 5pm

Tuesday to Friday
9am to 8pm

Saturday
9am to 6pm

GIFT CERTIFICATES

Gift certificates are available for any individual Spa Service, Spa Packages or in any dollar amount. They can be ordered by phone, fax, online or in person.

SPA POLICIES

Children under 12 years of age are not permitted in Spa.
All cell phones must be turned off when entering the Spa.
We require 24 hours notice for cancellation of individual services, and 48 hours for cancellation of packages or group bookings or a fee may be imposed.

Prices are subject to change without notice.
GST and gratuity not included.
Interac Direct Payment, Visa and Master Card are accepted.

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Calming
Calming
Calming
Calming

Tranquil
Tranquil
Tranquil
Tranquil

Soothing
Soothing
Soothing
Soothing

FACIAL TREATMENTS

Physiadermie Serene skin facial

55 minutes

This serene facial is ideal for people with sensitivity, allergies and Rosacea prone skin. This soothing decongesting treatment with extracts of chamomile, mallow, linden, plankton, valerian, rosewood and witch hazel, will gently diffuse redness and inflammation while reinforcing your fragile capillaries. Your skin will emerge refined, purified and soothed.

Physiadermie Hydrating skin facial

55 minutes

This treatment is by far the strongest, most natural and intensive treatment we may ever use on the skin. It specifically targets dehydrated, sun-damaged, pre and postoperative facial tissue. The treatment bonds moisture within the inter-cellular spaces and is excellent for binding, healing and hydrating skin to maintain the inner support of the epidermis.

Physiadermie Complex skin facial

55 minutes

This treatment is designed for the skin types vulnerable to emerging impurities. The potent effects of natural botanical extract and essential oil of lemon, rosemary, eucalyptus, lavender Vera and lichen will combat over-active oil glands and shiny skin. These normalizing and anti-bacterial ingredients diminish break outs, calm inflammation, refine texture and prevent future skin problems.

Physiadermie Acne skin facial

90 minutes

The aim of this facial is to eradicate the bacteria from the skin in order to prevent additional tribulations. A precise purification and strengthening of the skin is performed, followed by a detoxifying mask. The calming and soothing bioarome is then applied to calm and liberate the surface of the skin irritation and aggravation.

Physiadermie Oxygenating skin facial

90 minutes

This innovative treatment increases the circulation and oxygenates the depleted skin. A revolutionary enzymatic peel followed by a tonifying and stimulating mask infusing a specialized botanical extract into the skin. This facial produces noticeable and lasting results with a reduction in the appearance of fine lines, improvement in elasticity and increased radiance of the skin.

Physiadermie Anti-Age Revitalizing skin facial

90 minutes

An anti-aging facial that cleanses and treats the skin with botanical extracts infused in a highly concentrated tonifying and balancing mask. An intensive serum of Essential Oligio Concentrate which is massaged into the skin, followed by a mask. This fluid is to be an anti-aging treatment and provides a moisturizing and mineralizing action to enrich, nourish, detoxify and prevent skin tissue slackening.

BODY TREATMENTS

Physiadermie Aromatherapy Local Body Peeling

45 minutes

This treatment enhances the effects of the Body Polish treatment to remove unsightly dead skin build up after winter and on trouble areas such as the feet, ankles, knees and elbows. This is an excellent cure for stubborn ingrown hairs, folliculitis or granulation. This treatment improves circulation, is extremely stimulating to a sluggish lymphatic system and will leave you with amazingly radiant baby-soft skin.

Physiadermie Full Body Seaweed Wrap

60 minutes

This treatment contains a special blend of seaweed and plant extracts that activate blood circulation while refining, detoxifying, remineralizing and moisturizing the skin. This wrap, is rich in natural vitamins, amino acids, minerals and chlorophyll, has natural healing properties.

Physiadermie Full Body Thinning and Strengthening Cellulite Treatment

60 minutes

These treatments promote skin tone and firmness through the beneficial effects of essential oils, seaweed, plant extracts and marine extracts. The addition of appropriate essential oils activates the natural processes of fat metabolism and increases the elimination of toxins from the body to help you to achieve a trimmer figure.

Physiadermie Full Body Detoxification

- Vichy Shower 60 minutes

Cleanse your body with this wrap made exclusively from the sea and detoxifying essential oils. This treatment induces perspiration and increases elimination of toxins via the skin so that you are left feeling energized, restored and ready to face the world.